



Hot Christmas Cranberry & Vital Rooibos Drink

Ingredients:

2 cups (500 ml) **Vital Organic Rooibos Tea**, brewed
2 cups (500 ml) cranberry juice
½ cup (125 ml) orange juice concentrate
1 clove
⅔ stick of cinnamon

Combine all ingredients in a crock pot. Heat through on medium heat, lower temperature and simmer for 15 minutes. Remove cinnamon & clove before serving.

Serves 4