

I have been drinking Rooibos Tea, with lemon, for about 16 years and find it very satisfying.

However, being a lazy person, I find the whole business of boiling water, dunking a tea bag, and slicing lemon a wee bit of a chore.

My wife, Lilian, has come up with the answer; take a small teapot, add a number of tea bags (to suit the intended strength of a concentrated brew), add the desired slices of lemon (for a number of cuppas)

and then add boiling water. This provides enough concentrate for my consumption over about two days. When I need a cup, I pour about a quarter of an inch into the cup, add water and - hay presto, my revitalising beverage is ready. The water does not even have to be boiling since the tea has already been brewed.

I would be lost without by boost on demand throughout the day.

Regards, Maurice Duffill – Wee Jasper NSW